



		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 1		4-Jul	5-Jul	6-Jul	7-Jul	8-Jul	9-Jul	10-Jul
BREAKFAST	Feature	Orange French Toast	Egg, Avocado and Bacon Sandwich	Ham and Cheese Omelet	Buttermilk Waffles	Biscuit and Sausage Gravy	French Toast	Banana Pancakes
	H Cereal							
Soup of the Day		Pasta Fagioli	Broccoli-Potato	Minestrone	Minestrone	Minestrone	Manhattan Clam Chowder	Manhattan Clam Chowder
Soup of the Week					Beef Barley			
Salad of the Week					BLT Salad			
NOON MEAL	AL/MC	Tahini Noodle Salad with Chicken	Pork Bowl with Greens	Beef Fajitas	Roasted Veggie Wrap w/Garlic Aioli	BBQ Glazed Chicken	Reuben Sandwich	Ham Melt
	AL/MC	Hot Pastrami	Pesto Grilled Cheese	Spinach Strawberry Chicken Salad	Thai Style Tuna	Sweet Italian Sausage Sub	Turkey Salad	Shrimp Salad Croissant
	Sides	sweet potato fries	Cucumber Salad	Guacamole Corn and Black Bean Salad	Fried Rice Mango Slaw	Pasta Salad Baked Beans	Potato Wedges	Potato Salad
	Bread Dessert	Dinner Roll Joelle's Donuts!	Wheat Roll Lemon Squares	Dinner Roll Chocolate Cake with Strawberries	Garlic Bread Blueberry Shortcake	Wheat Roll Pecan Pie	Dinner Roll Boston Cream Pie	Cornbread Lemon Square
EVENING MEAL	AL/MC	Garden Meatloaf	Chicken Piccata	Open Face Turkey Sandwich	Beef with Peanut Sauce	Grilled Steak w/Chimichurri Sauce	Fish and Chips	Steak Tips with Mushrooms and Balsamic Glaze
	AL/MC	Baked Fish Almondine	Crab Quiche	Cheese Manicotti	Pork with Chive Cream	Chicken Wings	Baked Tortellini Alfredo	Game Hen
	Sides	Asparagus Baked Potato	Parmesan Noodles Sautéed peppers	Broccoli Buttermilk Mashed Potatoes	Baked Sweet Potato Green Beans	Roasted Carrots fried rice	Fries Coleslaw	Duchess Potato Broccoli
	Bread Dessert	Dinner Roll Caramel Crumb	Wheat Roll Choice of Pudding	Dinner Roll Lemon Cake	Dinner Roll Orange-Pineapple Crisp with Coconut	Wheat Roll Blueberry Pie	Dinner Roll Chocolate Cream Pie	Focaccia Limoncello Cake

Weekly Desserts

Brownie a la Mode

Fresh Fruit with Whipped Cream